Christ the Saviour Cathedral

"CATHEDRAL JOTTINGS"



Corner of Garfield Street and Butler Avenue
Johnstown, Pa. 15906
Rectory Office – 249 Butler Avenue; Johnstown, Pa. 15906
Cathedral Church of His Eminence, Metropolitan Gregory of Nyssa
of the
American Carpatho-Russian Orthodox Diocese
of the
Ecumenical Patriarch of Constantinople

Cathedral Clergy

Pastor – Very Reverend Protopresbyter Robert A. Buczak, Cathedral Dean
Very Reverend Protopresbyter Frank P. Miloro, Chancellor
Very Rev. John S. Brancho

Rectory Phone……814-539-8086
Mobile Phone……412-759-4481
Cathedral Office……814-254-4011
E-mail Address (for Father Robert Buczak)……frbuczak@outlook.com
Diocesan Website: http://www.acrod.org ***Facebook***: https://www.facebook.com/acroddiocese
Cathedral: http://www.acrod.org/organizations/cathedral ***Twitter***: https://twitter.com/acrodnews
Camp Nazareth: http://www.campnazareth.org ***You Tube***: https://youtube.com/acroddiocese

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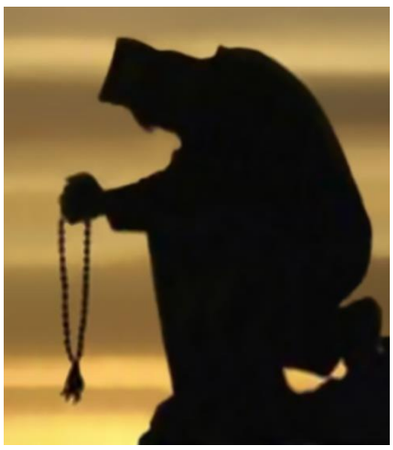
Vol. 80 No. 1849

March 12th, 2023

Second Sunday of the Great Fast

Saint Gregory Palamas

Divine Liturgy of Saint Basil the Great / Choir Sunday– 9:00 am
Sunday School - 10:20 am



Panachida for ***+Metropolitan Nicholas (12th Anniversary), +Joseph & Helen Rogel, and +Joann Bodnar*** offered by Fr. Robert and Pani Kathy Buczak; ***+Alberta Hanak (40th Day)*** offered by Margaret Hanak Blehi; ***+William Kelly (4th Anniversary)*** offered by son Michael Kelly and family; ***+Stephen Paczolt (40th Day)*** offered by Rose Plowchin; ***+Patricia Pasternak*** (Birthday Remembrance) offered by Anna Marie Mlinarchik; ***+Martha & Anna Stafansky; +Michael & +Mary B. Gido*** offered by Mary Gido

Resurrection Tone 6 - Tropar & Kondak: pages 96 & 181-182

Epistle: Hebrews 1:10-2:3
Gospel: Mark 2:1-12

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Services for the week of March 12th

Tue. 3/14 … + John and Susie Sheaffer (Perpetual) - Parastas…..…….....….…….....8:00 am

Wed. 3/15 … +Mary Antonikas (Perpetual) – Parastas..……..……..…….……8:00 am

Presanctified Liturgy…..…….....…..……..……7:00 pm

Fri. 3/17 … + Andrew and Helen Dluhos (Perpetual) – Parastas……..……..8:00 am

Pre-sanctified Liturgy…..……7:00 pm

Sat. 3/18 … **3rd *All-Souls Saturday*……**……**9:00 am**
Great Vespers…..……..……6:00 pm

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BIBLE STUDY RESUMES
Tuesday, March 14, 2023 @6:30 pm

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Sunday, March 19th, 2023

Third Sunday of the Great Fast

Sunday of the Holy Cross

Divine Liturgy of Saint Basil the Great- 9:00 am Sunday School - 10:20 am

Resurrection Tone 7 - Tropar & Kondak: pages 99 & 185-186

Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-38; 9:1

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Services for the week of March 19th

Mon. 3/20 … +Andrew and Helen Dluhos – Parastas (Perpetual)……...8:00 am
Tue. 3/21 … +Mary Fedorchak - Parastas (Perpetual) ……..…..8:00 am
Wed. 3/22 … ***Moleben to the Holy Cross.……..……..……7:00 pm***
Thur. 3/23 … +Edward and Mary Tavalsky offered by their children– Parastas……..…8:00 am
Fri. 3/24 … +Mary and Stephen Karnosky (Perpetual) – Parastas……..…8:00 am

Pre-sanctified Liturgy….……7:00 pm

Sat. 3/25 … 4th *All-Souls Saturday*……9:00 am
+George and Mary Pakh Magdinec offered by John and Mary Gido (Perpetual)

Great Vespers……..…….6:00 pm

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Sunday, March 26th, 2023

Fourth Sunday of the Great Fast

Saint John Climacus

Divine Liturgy of Saint Basil the Great/ Choir Sunday – 9 am
Sunday School - 10:20 am

Panachida for +***John Chupka Sr., sons, Nicholas Don, and John Paul Chupka, and Joseph M. Quinn*** offered by Kathryn Oravec; ***+Jeannie Yazvak and Cindy Dzvonik*** offered by Pani Kathy Buczak; ***+Michael J. Hanak*** offered by Catherine Mihelic; +***Alberta Hanak*** offered by Mrs. Theresa Polochak; and ***+Margaret Herko*** (Birthday Remembrance) offered by the family

Resurrection Tone 8
Tropar & Kondak: pages 102 & 183-184

Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31

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CAMP NAZARETH SUMMER CAMP 2023
REGISTRATION NOW OPEN!

Week 1: Sunday, July 16 – Saturday, July 22, 2023 – Johnstown, Pocono, Southern Tier, Youngstown, and Chicago Deaneries.

Please contact Fr. Buczak for the code if you are planning on going to camp.

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THE ALTAR CANDLES – are offered this week in memory of ***Arthur, Rita, and Ronald Ryan by Ann and A. David Podolak***.

THE ETERNAL LAMP - is offered in memory of ***Arthur, Rita, and Ronald Ryan by Ann and A. David Podolak***.

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BIRTHDAY PRAYERS – are offered for ***Joye Matolyak (3/12), Heather Salley (3/13), Andrea Penatzer (3/14), Jon Billetdeaux (3/15), Halee Angel Karashin (3/15), Joy Love (3/15), Aaron Szapka (3/15), and Lynn Hood (3/17)*** You were remembered in Prokomedia!

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ED CENTER COLESLAW SALE

The Ed Center is having a Coleslaw Sale. Place your orders with Nancy Kobal by the April 2nd deadline. Price is $6.00 per quart. Pick-up date is Saturday, April 8th at the Ed Center 11am - 1 pm or in the Cathedral Auditorium after Divine Liturgy on Sunday, April 9th.

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2023 YOUNG ADULT SPRING RETREAT

March 17-19, 2023

The American Carpatho-Russian Orthodox diocese, the Greek Orthodox Metropolis of Pittsburgh Y2AM and the Ukrainian Orthodox Church USE presents the 2023 Young Adut Spring Retreat at Camp Nazareth open to ages 18-35 from all jurisdictions, March 17-19, 2023 with Keynote speaker Reverend Dr. Radu Bordeianu. Register today at: tinyurl.com/23YAspringretreat

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SUNDAY SCHOOL LENTEN RETREAT
Saturday March 25th 10:00 am - 1:00 pm

Our Christ the Saviour Sunday School is sponsoring a Lenten Retreat for all Sunday School Students and their parents ***Saturday, March 25th, 2023*** from 10:00 am to 1:00 pm in our Cathedral Auditorium. We will feature a Virtual tour of the Church of the Holy Sepulcher and the Holy Fire, presented by Sunday School Teacher Stephanie Betsa. Lunch will be provided. Please use the sign-up sheet provided by your Sunday School class teacher.

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CENTRAL REGION DIOCESAN LENTEN RETREAT

All are invited and encouraged to attend the Diocesan Lenten Retreat held Saturday, ***April 1, 2023*** from 10:00 am – 5:00 pm at Saint Nicholas Orthodox Church; 903 Ann Street; Homestead, Pa. 15120. A free-will offering will be taken.

Please contact Kathy Pawlik at 412-461-2110 if you plan to attend!

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FUN FACTS - PIEROGI

Despite the numerous legends regarding the origins of pierogi, it is known that this food was introduced in the United States at the onset of the Great Depression. Pierogi were originally a family food among immigrants and later served in ethnic restaurants. The first documented sale of pierogi was in May 1928. At the Marton House Tavern in Cleveland, proprietor Andrew Marton served pierogi to unemployed steel mill workers in the Cleveland region. This goes back to the origins of pierogi, which were designed to ensure survival in very poor, overpopulated areas of Europe. In the post- World War II era, pierogi became a staple of fundraisers by ethnic churches. By the 1960's pierogi became a common frozen supermarket item in many parts of the United States and Canada.

A popular story involving the origins of pierogi involve Saint Hyacinth, the patron saint of pierogi. Some believe pierogi were brought to Poland by Saint Hyacinth from Kievan Rus, now Ukraine. When Saint Hyacinth visited Kościelec in 1238, a storm came and destroyed all the crops. Hyacinth told everyone to pray and the next day the crops had rose back up. As a sign of gratitude towards Hyacinth, people made pierogi out of the crops. Another legend involving Hyacinth is from 1241. When the invasion of the Tatars led to famine, Saint Hyacinth fed the people with pierogi.

The word "pierogi" is derived from the Slavic root word for "festival." And no, you don't say "pierogis" if there are more than one. The word pierogi is already plural. The singular form is "pierog" but, as any pierogi lover knows, you rarely can eat just one!

Pierogi are enjoyed all across the United States, but over 68% of annual US pierogi consumption occurs in an area that includes New York, New Jersey, Pennsylvania, Ohio, Indiana, Chicago, Detroit, parts of the northern Midwest and southern New England. This area is known affectionately, as the "Pierogi Pocket."

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QUOTES FROM THE HOLY FATHERS

The Holy Fathers have remarked that when a person prepares to receive holy Communion or awaits the coming of one of the Feast Days, the devil tries with all his might to cause that person irritation and thus upset his soul, so that the day would not be passed in joy in the Lord, but in demonic sorrow. ***St. Anthony of Optina***

The Jesus prayer should never be absent from you: "Lord Jesus Christ, Son of God have Mercy on me the sinner," Always say this prayer both with your mouth and with your mind, day and night, wherever you may be, whether eating, walking, working, or sitting. Always meditate on it, as it benefits you a great deal, frees you here from every evil, delivers you there from eternal Hell, and renders you worthy of going to Paradise, our heavenly country.

St. Kosmas of Aetolia

Let your first task, as soon as you awaken, be the sign of the cross and your first words be the words of the Jesus prayer.

St. Barsanuphius the Great

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PRAYER CHAIN

Thomas Buczak
Cindy LaBarr
Annie Mishurda
Steve Martyak
Veronica Buczak
Jessica McLaughlin
Michael Sakmar
Joseph Muchesko
Roberta Kovalik
Theresa Milkovich
Kira Pronin
Alexxa Lowery
Romayne Laichak
Zachary Rogina
Robert J. Gritzer
Ron Kuzmyak
Paul Kalcik
Henry Laichak
Beverly Tinkle
Ronald Kmet
Michael Derby
Barry Gilchrist
Barbara Virostek
Robert Janeway

Helen Duray
Andy Walls
Jack Dahl
Eva Zeleniak-Whitak
Malcolm Barnes
Ann Koehnlein
Larry Eisenhauer
Evelyn Houston
Judith Rowlands
Angeline Komara
Arianna Risso
Charlie Erisman
Rachael Costlow
Marshall Rosenow
Shirley Mazurak
Donna Babble
Richard Barnes
Michael Logan
Lloyd Broadwater
Nick Timko
Erin Demich
Mary Ann Muchesko
Joella Hamlin
Donna Martyak

Mary Jane Matolyak
Michaela Miller
Arianna Jade Miller
Taylor Miller
Jennifer Gardenhour
Margaret Blehi
Valentina Yaremenko
Olga Yaremetko
Steve Prieber
Aberdeen Rudge
Pat Hanuska
Dwight Nugle
Rose and Terry Fyock
Rosalia Horner
Beverly Mayo
Al Kuzmyak
Michael Paul Gost
Brooklyn Balamuto
Matushka Helen Jasiukowicz
Joanne Democko
Robert Stokes
Barbara Stokes
Marcia Matthews
Jolene McClain

Georgene Coulter
Tanya Britan
Frank Porembka
Daniel Porembka
Dr. Rose Ann Jordan
Demetra Mavrophilipos
Gaynell Shrift
Rose Conjelko
Cindy Birth
Roger Zankey
Jess Ambrose
Nelia Yurcisin
Paul Kalinyak
John Rosiak
Louis Pocchiari
Ed and Christine Sakmar
Julie Locher
Denise Stroud
Brianna Thompson
Infant Hale
Elijah Groff
Lisa Shaffer
Stephen Machik
Aniee Himes

Michael Mehalacki
Matthew Hanak
Carol Labad
Carter McAuly
Michael Yaremenko
Alex Yarementko
Pauline Marie Blehi
Sierra Gathagan
Lauri LaBuda
Dorothy and Kathy Bayconish
Nicholas and Carole Blitva
Lorie Joseph
Mary Frances Dutko
Clarabella Knight
Matushka Mary Margaret
Remona Blunt-Wall
Patti Sweeney
Samantha Salway
Joan Bost
Cheryl Reese
Sheri Smay
Donna Zizan

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